

# Having Our Say

*The newsletter of SaySo, Strong Able Youth Speaking Out*

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(4/23)

## Become a Member!

If you are interested in joining **SaySo**, let us know! E-mail or write us with the following information: your name, birth date, and address (including e-mail), region and the kind of out-of-home placement you are or have been in.

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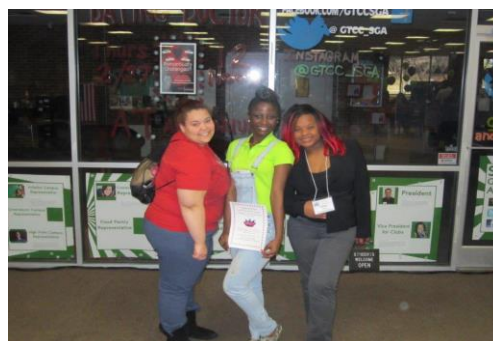
## IT'S MY TRANSITION ...

*It's My Transition on Tuesday April 15<sup>th</sup>, 2014 was a huge success. The event was held in Reidsville, NC (Rockingham County). The day was filled with great information and focused on LINKS outcomes.*



## SAYSO SWEET "16"

March 1, 2014, SAYSO organized a successful 16<sup>th</sup> Anniversary at Guilford Technical Community College in Jamestown, NC. SAYSO Saturday is an annual birthday party and our own family reunion.



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## Omnibus Foster Care & Dependency Legislative Committee

*On March 18 2014, SAYSO Alumni shared with legislators at the NC General Assembly results of the SAYSO Saturday Questionnaire; we would like to thank you for your input.*



# LET IT BE KNOWN ...

### How does the Affordable Care Act Help Former Foster Youth?

*Former foster youth will be eligible for Medicaid until age 26 under the federal Affordable Care Act.*

*To qualify, individuals must have been in foster care on their 18th birthday.*

For More information on Affordable Care Act visit:

[Healthcare.gov](http://Healthcare.gov)

**DO SOMETHING  
TODAY THAT  
YOUR FUTURE  
SELF WILL  
THANK YOU FOR.**

### Upcoming Events!

Look for News about our  
Summer Link-Up Events.

*Keep Checking on  
SAYSO's website for more  
upcoming Events!*

[Saysoinc.org](http://Saysoinc.org)

**Spring is the time of PLANS  
and PROJECTS!**



### SaySo Staff

Lauren Zingraff –  
Executive Director  
La'Sharron Davidson –  
Program Assistant  
Nancy Carter – Contract  
Administrator

Alumni Staff are throughout the  
state please call for contacts.

**THE WEATHER IS WARMING UP  
AND EVERYTHING'S TURNING  
GREEN. SHED YOUR WINTER  
COAT AND GET STARTED ON  
THIS LIST OF FUN WAYS TO  
ENJOY THE SPRING SEASON.**

